

Journal Prompts And Thinking Questions
For Simply Finishing Well

From May 3, 2012 Live Chat Event

Presented by www.BraveTeachers.com

- What knocked my socks off this year?
- "Ahas" I had were. . .
- This was a game changer for me:
- What can I put on a gratitude list?
- Who can I put on a gratitude list?
- How could I express gratitude?
- What little steps can I take to get big jobs done?
- What can I release or step away from to find more peace?
- Do I need to rest more? How can I fit it in?
- What are ways that I relax?
- What does it take for me to decompress/distress?
- When in my day do I need to just breath?
- Next year I want to. . .
- What amazing things are going on around me?
- Where can I see the impact I made in the life of a student?
- What past experiences can I release to move forward?
- Who/what do I wish would change?
- How can I stir a kindness revolution?
- How can I protect my heart from negativity?
- What kindness can I spread that will not add stress to my life?
- Where can I refrain from negativity?
- What's next for me?
- What am I looking forward to experiencing, being, or doing?

Created and compiled by Miriam Daniel,
www.BraveTeachers.com